

# PRAYERS FOR USE BEFORE AND AFTER THE EUCHARIST

## **Prayer of Preparation**

Almighty God, to whom all hearts are open,  
all desires known, and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.

## **Prayer to Our Lord (The Grail Prayer)**

Lord Jesus.  
I give you my hands to do your work.  
I give you my feet to go your way.  
I give you my eyes to see as you do.  
I give you my tongue to speak your words.  
I give you my mind that you may think in me.  
I give you my spirit that you may pray in me.  
Above all I give you my heart that you may love in me,  
your Father, and all mankind.  
give you my whole self that you may grow in me,  
so that it is you, Lord Jesus, who live and work and pray in me.

## **Prayer of St Richard (Bishop of Chichester 1245-1253)**

Thanks be to thee, my Lord Jesus Christ  
for all the benefits which thou hast given me,  
for all the pains and insults which thou hast borne for me:  
O most merciful Redeemer, Friend and Brother,  
may I know thee more clearly,  
love thee more dearly  
and follow thee more nearly. Amen.

## **Prayer of Adoration**

Blessed and praised be Jesus Christ in the Most Holy Sacrament of the  
Altar.  
Jesus my Lord, I thee adore. O make me love thee more and more.

**THE GATHERING (Stand)** A Hymn may be sung

Priest: †In the name of the Father, and of the Son, and of the Holy Spirit.

**People: Amen.**

**THE GREETING**

Priest: The Lord be with you

People: **And also with you.**

**THE ACT OF PENANCE**

*The Priest invites the people to confess their sins;*

Priest:

**People: Almighty God, our heavenly Father,  
we have sinned against you, and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault,  
We are truly sorry, and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us, forgive us all that is past;  
and grant that we may serve you  
in newness of life to the glory of your name.  
Amen.**

*Or with suitable penitential sentences, the Kyrie Eleison may be used.*

Priest: Lord, have mercy. *or* Kyrie eleison.

**People: Lord, have mercy. *or* Kyrie eleison.**

Priest: Christ, have mercy. *or* Christe eleison.

**People: Christ have mercy. *or* Christe eleison.**

Priest: Lord, have mercy. *or* Kyrie eleison.

**People: Lord, have mercy. *or* Kyrie eleison.**

*If another confession has already been used, the Kyrie Eleison may be used without interpolation here or after the absolution.*

*The Priest says these or suitable words of absolution:*

May almighty God have mercy on us, + forgive us our sins  
and bring us to everlasting life.

**People: Amen.**

*Then (when it is prescribed) the **Glory to God** is said or sung in this or some other form.*

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
+in the glory of God the Father. Amen.**

### **St. Thomas Mass Setting of the Gloria.**

**Glory to God, Glory to God, Glory to God in the highest,**

**Glory to God in the highest and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Glory to God, Glory to God, Glory to God in the highest.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
Glory to God, Glory to God, Glory to God in the highest.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
+in the glory of God the Father.  
Glory to God, Glory to God, Glory to God in the highest.**

### **THE OPENING PRAYER**

*The Collect is then said or sung*

Priest:       Let us pray.

*Priest and people remain standing and pray silently for a while.*

*The Priest then says or sings the Opening Prayer, and the people respond:*

**Amen.**

### **THE LITURGY OF THE WORD**

**(Sit)**

#### **Readings**

*Either one or two readings from Scripture precede the Gospel reading.*

*At the end of each the reader may say*

Reader:       This is the word of the Lord.

**People:       Thanks be to God.**

*The Responsorial Psalm, canticle or gradual hymn follows the first reading.*

#### **(Stand) Gospel Reading**

*An acclamation may herald the Gospel reading.*

*The Gospel is read by the Priest.*

Reader:       The Lord be with you

**People:       And also with you.**

Reader: †Hear the Gospel of our Lord Jesus Christ according to *N.*  
People: **Glory to you, O Lord.**

*At the end*

Reader: This is the Gospel of the Lord.  
People: **Praise to you, O Christ.**

## **THE HOMILY (Sit)**

**THE CREED** (*Said on Sundays and Principal Holy Days*) (**Stand**).

**We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.**

**We look for the †resurrection of the dead, and the life of the world to come.**

**Amen.**

## PRAYERS OF INTERCESSION (Sit or Kneel)

*The Priest introduces the Prayers and petitions.*

*After each petition, this or another responses may be used.*

Reader: Lord, in your mercy

**People: hear our prayer.**

*After the final petition the Priest concludes the Prayers with this or some other form which may be used:*

Priest: Merciful Father,

**People: accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## THE LITURGY OF THE EUCHARIST

*The Priest invites the people to exchange a sign of peace.*

*After words of introduction he says:*

Priest: The Peace of the Lord be always with you

**People: And also with you.**

Priest: Let us offer one another a sign of peace.

## THE PREPARATION OF THE GIFTS

*The following prayers are said silently or aloud or silent when a hymn is sung.*

Priest: Blessed are you, Lord, God of all creation; through your goodness  
we have this bread to offer, which earth has given and human  
hands have made. It will become for us the bread of life.

**People: Blessed be God for ever.**

Priest: Blessed are you, Lord, God of all creation, through your goodness  
we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

**People: Blessed be God for ever.**

*The Priest then says:*

Priest: Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**People: May the Lord accept this sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his Church.**

The Priest then says the **Prayer over the Gifts** to which all respond **Amen**

## **THE EUCHARISTIC PRAYER (Stand)**

Priest: The Lord be with you

**People And also with you.**

Priest: Lift up your hearts.

**People: We lift them to the Lord.**

Priest: Let us give thanks to the Lord our God.

**People: It is right to give thanks and praise.**

*The Priest then continues with the preface, at the end of which all sing or say, in this or some other form;*

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**+Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The Priest then continues the Eucharistic Prayer.*

*After saying the words of consecration which Our Lord used at the institution of the Eucharist, one of the following acclamations are made.*

[Great is the mystery of faith:]  
**People: Christ has died:  
Christ is risen:  
Christ will come again.**

[Christ is the bread of life:]  
**People: When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

[Praise to you Lord Jesus:]  
**People: Dying you destroyed our death  
rising you restored our life:  
Lord Jesus come in .**

[Jesus Christ is Lord]  
**People: Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

*At the end of the Eucharistic Prayer:*

**People: Amen**      *(All may now sit or kneel)*

**Priest:** Let us pray with confidence as our Saviour has taught us:

**People: Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
and lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**



## **BREAKING OF THE BREAD**

*The Priest breaks the consecrated bread.*

Priest: We break this bread to share in the body of Christ.

**People: Though we are many, we are one body,  
because we all share in one bread.**

*The Agnus Dei is said or sung as the bread is broken.*

**People: Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**

## **GIVING OF COMMUNION**

*The President says this invitation to communion*

Priest: This is the Lamb of God who takes away the sin of the world.  
Happy are we who are called to his supper.

**People: Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*The following may be said before the distribution*

**People We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy so much as to gather up the crumbs un-  
der your table. But you are the same Lord  
whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood, that our sinful bodies  
may be made clean by his body  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us.  
Amen.**

Please come forward (when ushered) to receive the Blessed Sacrament if you normally receive Holy Communion here or in your own Church. If you do not normally receive Holy Communion, you are welcome to come forward and receive a Blessing.

(As Holy Communion is administered silence is kept., a hymn may be sung.)

## **PRAYER AFTER COMMUNION**

### **STAND**

The Post Communion prayer is said to which we all respond **Amen**, and may then be followed by:

**People:**     **Almighty God, we thank you for feeding us  
                  with the body and blood of your Son Jesus Christ.  
                  Through him we offer you our souls and bodies  
                  to be a living sacrifice. Send us out in the power of your  
                  Spirit to live and work to your praise and glory. Amen.**

**Notices may be given at this point**

### **THE DISMISSAL**

**Priest:**     The Lord be with you

**People:**     **And also with you.**

*The Priest gives the following blessing, or some other suitable form:*

**Priest:**     May almighty God bless you, the + Father, and the Son,  
                  and the Holy Spirit.

**People:**     **Amen.**

**Priest:**     Go in peace to love and serve the Lord.

**People:**     **In the name of Christ. Amen.**

*A Final Hymn may now be sung.*

# **OCCASIONAL PRAYERS**

## **Regina Coeli**

**Joy to thee, O Queen of Heaven: Alleluia  
He who thou wast meet to bear: Alleluia  
As he promised hath arisen: Alleluia  
Pour for us to God thy prayer: Alleluia**

*Rejoice and be glad,  
O Virgin Mary, alleluia:  
For the Lord is risen indeed, Alleluia*

O GOD, who by the resurrection of thy Son our Lord Jesus Christ hath brought joy to the whole world; grant that through His Mother the Virgin Mary we may obtain the joys of life everlasting. Through Jesus Christ our Lord. **Amen**

## **The Angelus**

The Angel of the Lord brought tidings to Mary.  
**And she conceived by the Holy Spirit.**

**Hail Mary, full of grace, the Lord is with thee,  
Blessed art thou among women and blessed is the fruit of thy womb,  
Jesus.**

**Holy Mary, Mother of God, pray for us sinners now,  
And at the hour of our death. Amen.**

Behold the handmaid of the Lord.  
**Be it unto me according to thy word.**

**Hail Mary.....**

And the Word was made flesh  
**And dwelt among us**

**Hail Mary.....**

Pray for us O holy Mother of God.  
**That we may be made worthy of the promises of Christ.**

Let us pray.

We beseech you, O Lord, pour your grace into our hearts, that as we have known the incarnation of your Son by the message of an angel, so by his + cross and passion we may be brought to the glory of his resurrection; through the same Jesus Christ our Lord.  
**Amen**